

## 6-2 Volleyball Rotations

- In any volleyball match, there are 6 players on each side of the court, meaning there are 6 rotations that players rotate through. A 6-2 rotation means a team has 6 hitters that play and 2 setter that play. The rotations are symmetrical, meaning rotations 1, 2, 3 and 4, 5, 6 are exactly the same with the opposite players front and back row.
  
- Here are the 7 primary positions used in a 6-2, and 2 more that are very commonly used:

Position Abbreviation	Position	Serving Rotation	Base Abbreviation	Base on Defense
S1	Setter 1	1	RF/RB	Right Front/Back
RS	Right Side 1	1 or none	RF/RB	Right Front/Back
OH1	Outside Hitter 1	2	LF/LB	Left Front/Back
MH1	Middle Hitter 1	3	MF/MB	Middle Front/Back
RS1	Right Side 1	4 or none	RF/RB	Right Front/Back
S2	Setter 2	4	RF/RB	Right Front/Back
OH2	Outside Hitter 2	5	LF/LB	Left Front/Back
MH2	Middle Hitter 2	6	MF/MB	Middle Front/Back
L	Libero 1	any or none	MB	Middle Back
R	Libero 2	any or none	MB	Middle Back
DS	Defense Specialist	varies	LB/MB/RB	varies

- A coach can start out in any rotation they choose, and usually start out so their stronger servers will serve first, so they will have the potential opportunity to get to serve more times. The players always rotate clockwise. The most common rotation to start the game in a 6-2 rotation is rotation 1 regardless if your team is serving or receiving.
  
- Regardless of what rotation you are in, the 6 players on the court must start in those spots until the server contacts the ball, then they may move freely to any part of the court until the point is over and the next ball is going to be served.
  
- These positions all start in different spots on the court, and must rotate in a clockwise circle.

- Rotations are symmetrical, meaning the S and RS are always opposite, the OH1 and OH2 are always opposite, and the MH1 and MH2 are always opposite.
- When our team is serving and wins the point, the same person keeps serving until we lose a point, then we go to "Serve Receive".
- When our team is in "Serve Receive", if we win the point then we ROTATE, if we lose the point we stay in the same serve receive rotation. The only time we rotate is when we are in serve receive and win the point!

#### Serve Receive Notes:

- In serve receive (when the other team is serving), we always put our setter near the middle of the court because the setter will have to move the most.
- In a 6-2 rotation - The setter is always back row, so we pull back one of our front row hitters to pass and stack the setter as close as possible to where we want to pass to make their job the easiest. When we pull back a front row player to pass, they must start in front of the back row passer adjacent to them.

#### Serve Notes:

- When we are serving (the other team is receiving), we always put our middle front and middle back in the middle of the court, and the rest of the front row/back row rotates around them. We do this in the front row because our middle front typically has to move the most. We do this in the back row to minimize the amount of space the left back/right back have to cover to get to base.
- Typically our middles are our tallest players and can be effective blockers even at a young age, so we place them on the net to block. Our front row outside hitters and setters are usually better defenders than they are blockers, so we pull them off the net to the 10 foot line to cover their half of the front row court.

#### Libero Notes:

- In club volleyball, a team can have 1 libero or 2 liberos, but only 1 can be in the game at a time
- Only 1 libero can serve and they can only serve for 1 of the 6 rotations. For example, if we have 2 players in libero jerseys and the L serves for the MH1, the R is not allowed to serve for anyone and the L can only serve in the MH1 spot (serve 3) for the rest of that game.

Defense Specialist (DS) notes: I did not put a DS in the rotation spreadsheet, but the DS comes in back row for ANY player and plays their rotations.

**Rotation 1 Serve: The S1 is serving.**

**Front row:** The OH1 is right front, the MH1 is middle front, the RS is left front, all stacked as close together as possible while staying in rotation. As soon as the server makes contact, the OH1 and RS switch and go to base.

**Back Row:** The OH1 is already left back in base, the L or R is in the game for the MH2 and is already middle back in base, the S1 serves and runs to right back base.

**Rotation 1 Serve Receive:**

**Front Row:** The RS is left front, the MH1 is middle front, and the OH1 is right front.

**Back Row:** The OH2 is left back, the L or R is in the game for the MH2 middle back, and the S1 is right back.

Option 1: stack the setter behind the OH1 right front making the setter's job the easiest, pull the RS2 back from left front to pass in serve receive, the The MH1 starts on the 10 ft line in the seam between the left and middle serve receive passers. The RS hits an outside set, the MH1 hits a middle set, and the OH1 hits a rightside set. The OH2 passes middle and the L or R passes right. Once our side attacks everyone goes to base defense. (coaches have the option to leave the RS on the left and the OH1 on the right for the remainder of the rally)

Option 2: pull the OH1 back in serve receive on the right side of the court to pass then hit a right side set, meaning the setter will stack behind them until the ball is served, the MH1 again starts in the seam and runs a middle set and the RS starts left front and hits an outside set. The L or R passes the middle of the court and the OH2 passes the left side of the court. Once our side attacks everyone goes to base defense.

**Rotation 2 Serve: The OH1 is serving.**

**Front Row:** The MH1 is right front but starts in the middle of the court, the RS is middle front, and the OH2 is right front. As soon as the server makes contact, the RS moves to base in right front.

**Back Row:** The S1 is middle back but since the right back is serving they may start in base at right back. The L or R is left back and may start in their base at middle back as long as they're to the left of the S1. The OH1 serves and goes to base at left back.

**Rotation 2 Serve Receive:**

**Front Row:** The OH2 is left front, the RS is middle front, and the MH1 is right front.

**Back Row:** The OH1 is right back, the S1 is middle back, and the L or R is left back.

Option 1: Pull the OH2 back to pass the left side of the court then hit an outside set, stack the RS and S middle front making sure the RS is in front of the S1 and send the RS to hit right side, the MH1 starts right front and transitions to hit a middle set. The OH1 passes the right side of the court and the L or R passes the middle of the court. Once our side attacks everyone goes to base defense.

**Rotation 3 Serve: The MH1 or L1/R is serving.**

**Front Row:** The MH2 is left front but starts in the middle of the court, the OH2 is middle front and must stay to the right of the MH2 until we serve, and the RS starts right front in base.

**Back Row:** The OH1 is middle back and the S1 is left back, so they both stack in the middle and switch as soon as the server contacts the ball. The server immediately runs to middle back after serving.

**Rotation 3 Serve Receive:**

**Front Row:** The MH2 is left front, the OH2 is middle front, and the RS is right front.

**Back Row:** The S1 is left back, the OH1 is middle back, and the L or R is in the game for the MH1 right back.

Option 1: The MH2 starts left front on the left sideline and on the net, the OH2 passes the left side of the court then hits an outside set, RS starts on the right sideline around the 10 ft line and hits a right side set. The S is left back, and must be behind the MH2 and to the left of the OH1. The L/R passes the right side of the court, and the OH1 passes the middle of the court. All players move to pass first, then get ready to hit or cover the setter/hitter, then go to base once we successfully attack the ball over the net.

Option 2: The MH2 starts left front on the left sideline and on the net, the OH2 stacks just to the right of OH2 of the court then hits an outside set, the RS pulls back to pass the right side of the court then hits a right side set. The S1 is left back, and must be behind the MH2 and to the left of the OH1. The L/R passes the right side of the court, and the OH1 passes the middle of the court. All players move to pass first, then get ready to hit or cover the setter/hitter, then go to base once we successfully attack the ball over the net.

**Rotation 4 Serve: The S2 is serving.**

**Front row:** The OH2 is right front, the MH2 is middle front, the RS1 is left front, all stacked as close together as possible while staying in rotation. As soon as the server makes contact, the OH2 and RS1 switch and go to base.

**Back Row:** The OH1 is already left back in base, the L or R is in the game for the MH1 and is already middle back in base, the S2 serves and runs to right back base.

**Rotation 4 Serve Receive:**

**Front Row:** The RS1 is left front, the MH2 is middle front, and the OH2 is right front.

**Back Row:** The OH1 is left back, the L or R is in the game for the MH1 middle back, and the S2 is right back.

Option 1: stack the setter behind the OH2 right front making the setter's job the easiest, pull the RS1 back from left front to pass in serve receive, the MH2 starts on the 10 ft line in the seam between the left and middle serve receive passers. The RS1 hits an outside set, the MH1 hits a middle set, and the OH1 hits a rightside set. The OH2 passes middle and the L or R passes right. Once our side attacks everyone goes to base defense. (coaches have the option to leave the RS1 on the left and the OH1 on the right for the remainder of the rally)

Option 2: pull the OH2 back in serve receive on the right side of the court to pass then hit a right side set, meaning the setter will stack behind them until the ball is served, the MH2 again starts in the seam and runs a middle set and the RS1 starts left front and hits an outside set. The L or R passes the middle of the court and the OH2 passes the left side of the court. Once our side attacks everyone goes to base defense.

**Rotation 5 Serve: The OH2 is serving.**

**Front Row:** The MH2 is right front but starts in the middle of the court, the RS1 is middle front, and the OH1 is right front. As soon as the server makes contact, the RS1 moves to base in right front.

**Back Row:** The S2 is middle back but since the right back is serving they may start in base at right back. The L or R is left back and may start in their base at middle back as long as they're to the left of the S2. The OH2 serves and goes to base at left back.

**Rotation 5 Serve Receive:**

**Front Row:** The OH1 is left front, the RS1 is middle front, and the MH2 is right front.

**Back Row:** The OH2 is right back, the S2 is middle back, and the L or R is left back.

Option 1: Pull the OH1 back to pass the left side of the court then hit an outside set, stack the RS1 and S2 middle front making sure the RS1 is in front of the S2 and send the RS1 to hit right side, the MH2 starts right front and transitions to hit a middle set. The OH2 passes the right side of the court and the L or R passes the middle of the court. Once our side attacks everyone goes to base defense.

**Rotation 6 Serve: The MH2 or L1/R is serving.**

**Front Row:** The MH1 is left front but starts in the middle of the court, the OH1 is middle front and must stay to the right of the MH1 until we serve, and the RS1 starts right front in base.

**Back Row:** The OH2 is middle back and the S2 is left back, so they both stack in the middle and switch as soon as the server contacts the ball. The server immediately runs to middle back after serving.

**Rotation 6 Serve Receive:**

**Front Row:** The MH1 is left front, the OH1 is middle front, and the RS1 is right front.

**Back Row:** The S2 is left back, the OH2 is middle back, and the L or R is in the game for the MH2 right back.

Option 1: The MH1 starts left front on the left sideline and on the net, the OH1 passes the left side of the court then hits an outside set, the RS1 starts on the right sideline around the 10 ft line and hits a right side set. The S2 is left back, and must be behind the MH2 and to the left of the OH2. The L/R passes the right side of the court, and the OH2 passes the middle of the court. All players move to pass first, then get ready to hit or cover the setter/hitter, then go to base once we successfully attack the ball over the net.

Option 2: The MH1 starts left front on the left sideline and on the net, the OH1 stacks just to the right of OH1 of the court then hits an outside set, the RS1 pulls back to pass the right side of the court then hits a right side set. The S2 is left back, and must be behind the MH1 and to the left of the OH2. The L/R passes the right side of the court, and the OH2 passes the middle of the court. All players move to pass first, then get ready to hit or cover the setter/hitter, then go to base once we successfully attack the ball over the net.